

The *Weight* of the *glass*

Once upon a time a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?"

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "Your stresses and worries in life are very

much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them."

The moral: It's important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Don't carry them through the night and into the next day with you. If you still feel the weight of yesterday's stress, it's a strong sign that it's time to put the glass down.



The longer
you hold on
the heavier
it gets.



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Margorie Grime
Broker, SRES *

Cathy Szabolcs
Sales Rep*

Bill Marlatt
Sales Rep*



519.941.5151 or 1.800.268.2455
grimeteaminfo@gmail.com
www.thegrimeteam.com

75 FIRST STREET, SUITE 14, ORANGEVILLE, ON L9W 2E7

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LOCAL MARKET STATS

ORANGEVILLE:
February 2020

FEB
2020

FEB
2019

FEB
2018

# OF SALES	AVG. PRICE	AVG. DOM
60	\$609,137	14
34	\$532,334	27
37	\$513,032	20

Did you know that the world's shortest St. Patrick's Day parade is held in an Irish village. It last only 100 yards, between the village's 2 pubs.



HAPPY ST. PATRICK'S DAY!

You don't need the luck of the Irish to sell your home this Spring

call The Grime Team, we'd be happy to assist you in all your real estate needs.

(519) 941-5151

Wowzers!! The Market in the Headwaters area is hot! Reminiscent of the first couple months of 2017, Buyers are out looking early... and hungry to purchase. Combine that with the low inventory we normally see this time of year, sales and average sale prices are spiking again and multiple offer scenarios are frequent. With 60 sales occurring in Orangeville in February, this almost doubled what we saw in the same month of last year. Along with that, average sale price in Orangeville in February (\$609,137) is up almost 14.5% compared to February of last year. Clearly a Sellers Market with most listings selling at an average of 100% of asking price. **The Spring Market has sprung! Call our team if you have any questions about this HOT market! - Dave**



Grime Team March Birthdays:

March 13th - RaDeana Montgomery,
Videographer - RAM Media

March 14th - Shannon Quinton,
Stager - Stage It With Style

